

# 2016 OLD COLONY HOSPICE MANDATORY DRIVING QUIZ

FOCUS ON DISTRACTED DRIVING



## DIRECTIONS

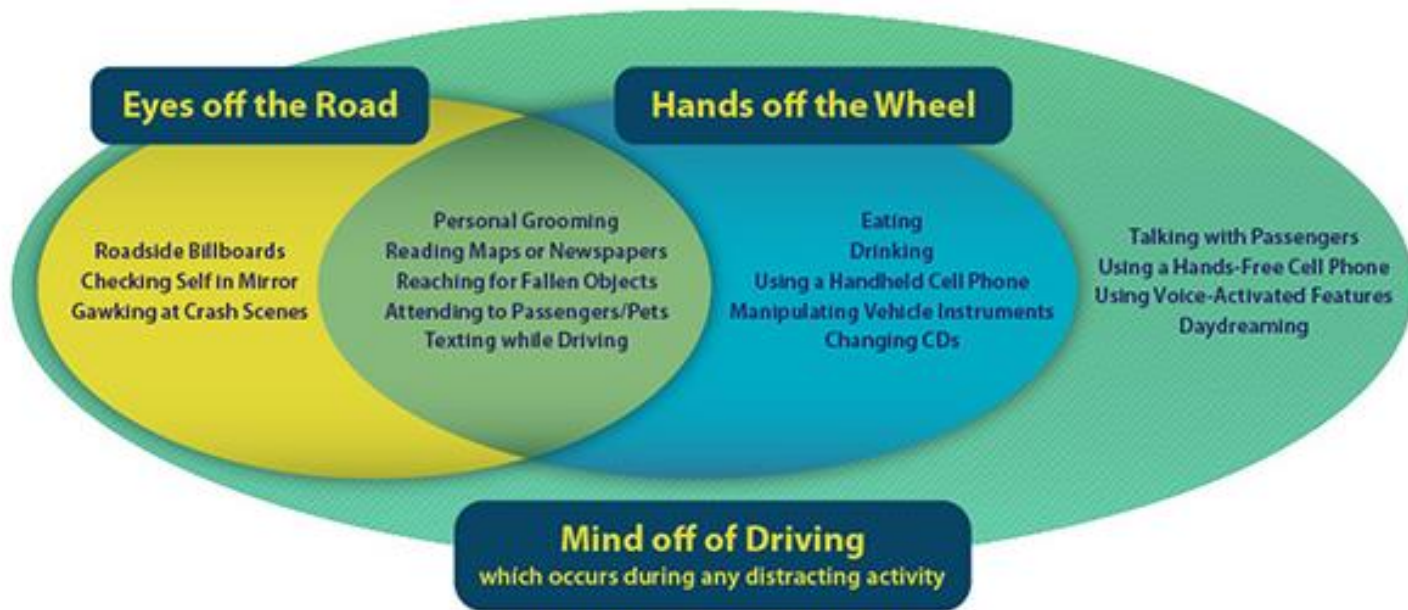
- Read each slide at your own pace.
- To move to the next slide, SCROLL DOWN or use the DOWN ARROW button on your keyboard.
- Obtain a paper quiz from HR or Reception—it is recommended that you complete the paper quiz as you move along through this presentation and input your answers into the electronic quiz at the end of the presentation.
- Directions will be given at the end of the presentation on completing the quiz electronically.

# INTRODUCTION

- Distracted Driving: Defined as the practice of driving a motor vehicle while engaged in another activity, typically one that involves the use of a cellular phone or other electronic device.
- Each day in the United States, over 8 people are killed and 1,161 injured in motor vehicle accidents involving a distracted driver.



# COMMON DISTRACTIONS



# STATISTICS



- Distracted driving is rapidly increasing. According to the National Highway Traffic Safety Administration (NHTSA), inattention is a factor in 80% of all collisions and often leads to road rage.
- In a survey conducted by the NHTSA, 81% of all drivers have admitted to behaviors that could be considered distracting while driving.

# MISCONCEPTIONS




- According to a national poll, 80% of Americans still believe that hands free devices are safer than handheld—*hands-free does not mean risk-free!*
- Additionally, 53% believe that voice control features--*infotainment systems*--are safe because they are provided in vehicles-*these features also cause distractions!*

In a recent survey conducted by AAA, drivers who are talking, either hands-free OR on a handheld cell phone, are four times more likely to have a car accident than if they were not on the phone. Many drivers feel that taking their eyes off of the road and engaging their hands in writing the texts is the danger; ANYTHING that is taking the driver's attention away from the road should be considered a danger.

# OCH POLICY – DRIVER SAFETY #731

Old Colony Hospice believes that the safety and well-being of our employees while driving to/from work or during the day is of critical importance. Therefore, we each have a responsibility to not only protect ourselves when on the road but to also do our part to protect those around us.

Massachusetts law bans texting behind the wheel for all drivers and any cell phone use for those under 18. **The texting ban covers writing and reading e-mail, Internet searching and other non-calling activity on a phone, laptop or handheld electronic device by anyone operating a motor vehicle.** It also applies to drivers waiting at traffic lights and stop signs. **Employees shall not engage in distracting activities such as texting, programming GPS, eating, personal grooming or reading while driving.** Employees are encouraged to limit their use of mobile devices while operating a vehicle; they are encouraged to use hands-free devices or service when available or appropriate unless the use of hands-free devices is prohibited by state or federal regulation.





# BACKUP CAMERA TECHNOLOGY

**Many newer model vehicles come equipped with a backup camera – using this can also create distraction before you even get on the road. Here are some tips on using the backup camera:**

- The view from backup cameras may differ significantly from vehicle to vehicle.
- Be aware of unclear lens or blind spots below or near the rear bumper that could make it difficult to see toys, bikes and even small children behind.
- Check all around your car before leaving the driveway.
- Once buckled and ready to go, check behind using your mirrors.
- Backup cameras should not be considered a 100% substitute for using your own eyes.

**According to NHTSA, 200 deaths and 15,000 injuries occur annually as a result of backup incidents.**





# PAYING ATTENTION

- Stay alert and avoid all distractions such as making or taking phone calls, texting or adjusting the GPS.
- Anticipate the actions of other drivers.
- Be cautious during poor road and weather conditions.
- Anticipate your reaction to potential hazards.

Driving is the most dangerous thing people do on any given day; as the previous statistics have shown, most accidents or incidents that occur while driving are caused by someone who is distracted, preoccupied or inattentive



# ENSURE SAFETY FOR YOURSELF AND YOUR PASSENGERS, AS WELL AS OTHERS ON THE ROAD

Help ensure safety while driving by:

- Making sure every passenger buckles up, every time.
- Designate an alcohol-free driver or arrange for alternate transportation when you know you will be drinking.
- Vow to never use your cell phone behind the wheel, and even avoid hands-free devices.
- If you have teen drivers, teach them to not be a distracted driver and instill good habits while driving.

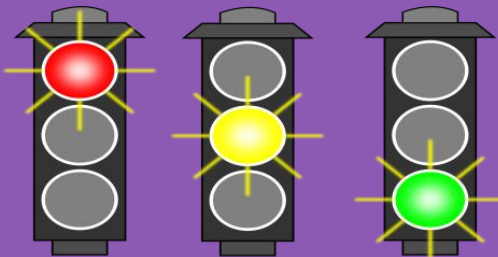


# AVOID THE FOLLOWING:

- Speeding
- Following the vehicle in front of you too closely
- Failing to use signals
- Turning improperly on red light
- Merging incorrectly
- Failing to yield
- Applying make-up; combing/brushing your hair
- Being distracted by passengers/children in your automobile
- Eating in your car
- Checking maps or looking for papers or other items
- Failing to watch for cars coming out of side streets, weaving in and out of traffic or that may appear to be operated by a distracted driver!

# TAKE BACK YOUR DRIVE

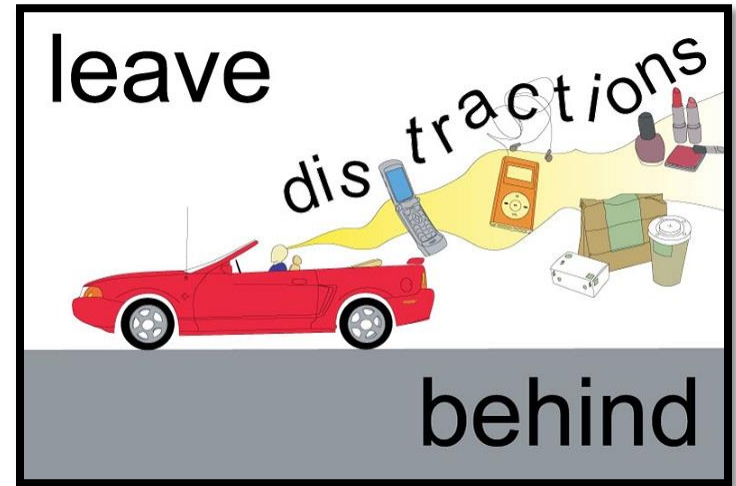
- **Turn off** or silence your cell phone when you enter the car.
- Set your GPS system **before** you leave.
- Let your family and friends know that you are in the car and **will not be responding to texts/calls** – don't call them if you know they are driving!
- If you must make/take a call, **pull off the road onto a safe area** away from traffic.
- **Pay attention**—that is the best way to avoid a potential accident or incident while driving
- **REMEMBER** – a red light is NOT your green light to text!



# SUMMARY

- Don't text/talk and drive
- Don't think 'hands-free' means risk-free
- Don't drink and drive
- Don't become distracted by passengers in your car
- Stay focused
- Be aware of other drivers
- Look ahead/check behind and to the sides

**Safe and undistracted driving is everyone's responsibility. Old Colony Hospice expects its staff to obey all of the rules of the road to stay safe and keep others safe as well.**



**Safe driving is everyone's responsibility. Old Colony Hospice expects its staff to do their part to keep the roads safe.**

**Thank you for completing the  
2016 Old Colony Hospice  
Safe Driving Education!**

**Next Step:**

**Option 1:** [Click Here to complete the quiz electronically](#) (preferred method)

**\*\*when completing the electronic quiz, be sure you get the  
confirmation page after you click the submit button\*\***

**OR**

**Option 2:** Complete the Paper Quiz & Submit to Pat Sweeney  
(you can obtain a paper quiz at reception or see Pat)

